



Circle of Security®

PARENTING SERIES

Presented by: Tarik Djamil, Psy.D.

Sponsored by: Carlson Psychological Services, LLC

Location: 8607 Second Avenue, Suite 506A, Silver Spring, MD 20910

Dates: October 10th - December 12th (2019)

Times: Thursdays (6:30 pm to 8 pm). 8-week parenting program.

Cost: \$400 for entire 8-week program.

Who should attend: Parents/Caregivers of children ages 0 to 6.

How to register: Please contact Tarik Djamil, Psy.D. at 407-616-5326

At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Learning Objectives of the Training:

- Understand your child's emotional world by learning to read the emotional needs
 - Support your child's ability to successfully manage emotions
 - Enhance the development of your child's self esteem
 - Honor your innate wisdom and desire for your child to be secure
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